

# November 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			Breaded Beef Patty Mashed potatoes, brown gravy Cooked carrots Peaches Bread Fruit/vegetable bar PBJ whole wheat whole grain	Goulash Macaroni with meat sauce Corn Corn muffin Pears Fruit/vegetable bar PBJ whole wheat whole grain
NACHOS SEASONED MEAT, CHIPS, CHEESE Ana's recipe for refried beans Peaches Salad Fruit/vegetable bar PBJ whole wheat whole grain	Scalloped potatoes and ham Peas Applesauce or strawberries Bread Fruit/vegetable bar PBJ whole wheat whole grain	BREADED PORK PATTY Mashed potatoes/country gravy Cooked carrots Warm cinnamon apple slices Fruit/vegetable bar PBJ whole wheat whole grain	Hoagies Ham, turkey, cheese on a bun Baked beans Applesauce Fruit/vegetable bar PBJ whole wheat whole grain	Burritos Green beans Apple slices Corn bread Fruit/vegetable bar PBJ whole wheat whole grain
Sack lunch Cold ham and cheese on a bun or Pbj Pickles Cutie Teddy grahams/sunchips	Chili Salad Mandarin oranges Jason's favorite muffins- banana chocolate chip Fruit/vegetable bar PBJ whole wheat whole grain	Breakfast sandwich Egg, sausage, cheese on a bun Tater tots Apple slices Orange juice Fruit/vegetable bar PBJ whole wheat whole grain	Chicken rice casserole Chicken with rice in sauce Cooked broccoli Applesauce Fruit/vegetable bar PBJ whole wheat whole grain	CHICKEN NUGGETS CHICKEN PIECES WITH BREADING Baked beans Pineapple Fruit/vegetable bar PBJ whole wheat whole grain
TURKEY & GRAVY Diced turkey roast in gravy/mashed potatoes Green bean casserole Applesauce Dinner roll Pumpkin bar Fruit/vegetable bar PBJ whole wheat whole grain	Half Day - No Lunch	No School - Thanksgiving Break	No School - Thanksgiving Break	No School - Thanksgiving Break
Cheese and Pepperoni pizza Salad Corn Peaches Salad bar PBJ whole wheat whole grain	Chicken taco salad Taco flavored chicken, chips, lettuce, shredded cheese Green beans Pears Fruit/vegetable bar PBJ whole wheat whole grain	French toast sticks Sausage patty Tater tots Apple slices Fruit/vegetable bar PBJ whole wheat whole grain	BREADED chicken patty Cooked broccoli Mandarin oranges Salad bar PBJ whole wheat whole grain	HOT DOGS hot dog on a whole wheat bun baked beans pineapple sunchips fruit/vegetable bar PBJ whole wheat whole grain